

St. Cecilia's Public School
LAUGHTER IS THE BEST MEDICINE
VII A

“Laughter is a universal language that transcends barriers and brings hearts closer.”

Laughter echoed through the walls of the school on May 10, 2023, as the students of Class VII A presented a heartwarming assembly on the theme “Laughter is the Best Medicine.” The assembly aimed to spread positivity and joy among the school community, highlighting the therapeutic value of laughter in our lives.

The assembly began with an endearing poem recitation by students from Class VII A. The poem humorously conveyed the idea that laughter can heal even the heaviest hearts and transform challenging moments into light-hearted ones.

A visual treat awaited the audience as they were greeted by banners adorned with cheerful and witty quotes about laughter. These banners were creatively designed by the students, showcasing the power of laughter to uplift spirits and create a positive atmosphere.

The assembly's centerpiece was the ‘Hasya Kavi Sammelan’, where a group of students presented a series of humorous poems. The audience was treated to a delightful medley of light-hearted verses that brought smiles and chuckles to everyone present. The “Hasya Kavi Sammelan” not only showcased the students’ creative talents but also reinforced the assembly’s theme that laughter is indeed a universal remedy for stress and worries.

Madam Principal graced the assembly with her presence and delivered an encouraging address. She applauded the innovative approach taken by Class VII A and praised their efforts in bringing joy to the school community. She highlighted the positive impact of laughter on mental and emotional well-being, encouraging everyone to embrace humor as a tool for alleviating stress and fostering a sense of unity.